WHO WE ARE, WHAT WE DO.

What We Do

Clinical psychoneurophysiology is a natural and holistic approach to the treatment of many conditions. We normalize and optimize brain functioning using various neurotherapeutic techniques including brainwave biofeedback, brain stimulation, cranial sacral therapy and self-regulation procedures. These all assist in correcting inefficiencies in brain activity and changing the individual's brainwave architecture.

On the client's first visit to the office, an in-depth intake session or "brain map" is completed. Brainwaves are measured using an electroencephalograph (EEG). Sensors from the EEG equipment are positioned on the ears and various points on the scalp (the sensors are non-invasive and painless). From the amplitude and position of brainwave bands including Delta, Theta, Alpha, Sensory Motor Rhythm, Beta and High Frequency we are able to assess a client's condition and develop a therapy schedule that will assist the client in regaining control and getting back on track with life.

How It's Performed

As the center of operations for the body, the brain is a highly evolved organ. Capable of continuous learning and adapting to various situations the brain has shown itself capable of enhancing its performance when provided with pointers about what to change, modify or adjust. For children, this often takes the form of computerized games which the child plays by changing brainwave activity. This is accomplished by letting the child play a type of video game with hot air balloons or racing cheetahs. As the child produces the brainwaves desired, the child is rewarded with the movement of the balloons or by their cheetah winning a race, thereby reinforcing the desired brainwaves. These changes in brainwave activity are fed back to the child using audio or visual cues from the computer.

For adult clients, the feedback of brainwave functioning can be quite complex, although adults can play the computer games if they prefer. Using this and other similar methods, clients become skilled at altering their brainwave architecture.

FOR MORE INFORMATION, VISIT WWW.SWINGLECLINIC.COM
TO BOOK AN APPOINTMENT, CALL 604.608.0444
WOULD NEUROTHERAPY HELP ME?

Neurotherapy can help alleviate a wide range of problems. You should consider neurotherapy if you suffer from:

- Attention Deficit Disorders
- Attention Deficit Hyperactivity Disorders
- Learning Disorders
- Autism / Asperger’s
- Traumatic Brain Injury
- Seizure Disorders
- Depression and Mood Disorders
- Traumatic Stress Disorders
- Fibromyalgia and Pain Disorders
- Sleep Disorders
- Chronic Fatigue
- Stroke
- Anxiety

Thank you so much for the treatments we’ve had here for nearly one year. My life is 100% better. Success has come to me in many areas. My marriage is a lot stronger; I’m able to deal with stress in a positive way. I can manage raising my child better, deal with life and I was hired three months ago as a teacher’s aide! I have referred many people to you.

PD, Vancouver

I just want to let you know that I am fine. I have had very few headaches. I am using my relaxation tape and the exercises you gave me. I cannot thank you enough for what you have done for me. It is a miracle to be headache and flourinal free! Sincere best wishes!

CC, Ottawa

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Dear Dr. Swingle,

It has been about 8 years since you and your daughter worked your magic on my daughter. At the time, she was 1.5 years behind in her schooling. Today she was awarded a pin in recognition of her academic achievements for her grade 10 school year. She is extremely proud of her 4.0 grade average as are we, her dad and I. Without the help of you two and our daughter’s own hard work, she wouldn’t be in the happy place she’s at today. I didn’t want to let another day go by without giving you our most sincere THANKS for helping her find the right track. She is off and running full speed with great expectations for her future we cannot thank you enough.

THANK YOU BOTH SO MUCH.

AD, Halifax

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